

ONLINE Mutual Aid - MILLS = Mutual Aid in Leicestershire List

Mutual Aid | Mutual Respect | Mutual Benefits

"WHERE PEOPLE WITH SIMILAR EXPERIENCES HELP EACH OTHER TO MANAGE OR OVERCOME THEIR SUBSTANCE USE ISSUES"

VERSION 1

AA (Alcoholics Anonymous)

alcoholics-anonymous.org.uk | Helpline: 0800 9177 650

zoom

Monday	Leicester "Big Book Study" Direct Link p/w 429913	19:00
Tuesday	Leicester Lunchtime Bishop St Direct Link	12:00
Tuesday	Leicester Queens Rd Direct Link p/w 218519	20:00
Tuesday	Leicester LGBTQ Sober Online Direct link p/w 1984	20:00
Wednesday	Leicester "Newcomers" Direct Link	19:30
Friday	Leicester "Fri Night Reflections" Direct Link	19:30
Saturday	Leicester "Sat Lunchtime" Direct Link p/w 686020	12:00
Sunday	Leicester "As Bill sees it" Direct Link p/w BILLSEESIT	13:00
Sunday	Hinckley "Step Sunday" Direct Link p/w 494036	20:00

NA (Narcotics Anonymous)

www.ukna.org | Helpline: 0300 999 1212

zoom

Monday	Leicester Womens Meeting Direct Link	12:00
Monday	Leicester "Happy Mondays" Basic Text, 'Open to addicts only' Direct Link	19:15
Tuesday	Leicester "Newcomers" 'Open to all' Direct Link	20:30
Wednesday	Leicester Womens meeting Direct Link 'Open to all'	12:00
Wednesday	Leicester Share meeting 'Open to addicts only' Direct Link	19:00
Friday	Leicester Speaker, 'Open to all' Direct Link	19:15

Saturday	Leicester Womens Topic, 'Open to all' Direct Link	15:00
Saturday	Leicester "Share meeting" 'Open to all' Direct Link	19:00
Sunday	Leicester "Just for today" 'Open to all' on request Direct Link	16:00

CA (Cocaine Anonymous)

www.cauk.org.uk | Helpline: 0300 111 2285

zoom

Monday	Leicester Meeting ID - 433 664 1923 p/w 099910	19:00
Saturday	Leicester 'Step Share' Direct link p/w 973236	17:00

SMART | www.smartrecovery.org.uk

zoom

Monday	Meeting hosted by Dear Albert - DIRECT LINK	15:00
Traditional ONLINE MEETINGS (these meetings are in a chat room format)	Monday 8.30 pm – 10.00 pm Wednesday 7.30 pm – 9.00 pm Thursday 7:30pm - 9:00pm Sunday 6.30 pm – 8.00 pm smartrecovery.org.uk/online-meetings/	

ACT Peer-led Recovery

www.act-peer-recovery.com | 0800 8303646

zoom

Wednesday	Meeting hosted by Dear Albert - PLEASE CALL FOR AN INVITE: 0800 8303646. Or email hello@dearalbert.co.uk (click here)	13:00
-----------	---	-------