

# ONLINE Mutual Aid *EXAMPLES* - MILLS = Mutual Aid in Leicestershire List

## Mutual Aid | Mutual Respect | Mutual Benefits

"WHERE PEOPLE WITH SIMILAR EXPERIENCES HELP EACH OTHER TO MANAGE OR OVERCOME THEIR SUBSTANCE USE ISSUES"

**VERSION 3**

### AA (Alcoholics Anonymous)

[alcoholics-anonymous.org.uk](http://alcoholics-anonymous.org.uk) | Helpline: 0800 9177 650

<b>Monday</b>	Leicester "Big Book Study" <a href="#">Direct Link</a> ID: 829 499 81893 p/w- 429913	19:30
<b>Tuesday</b>	Leicester Lunchtime Bishop St <a href="#">Direct Link</a> ID: 176 919 067	12:00
<b>Tuesday</b>	Leicester Queens Rd <a href="#">Direct Link</a> ID: 463 352 2150 p/w- 218519	20:00
<b>Tuesday</b>	Leicester LGBTQ Sober Online <a href="#">Direct link</a> ID: 166 603 884 p/w- 1984	20:00
<b>Wednesday</b>	Leicester "Newcomers" <a href="#">Direct Link</a> ID: 663 460 252	19:30
<b>Friday</b>	Leicester "Fri Night Reflections" <a href="#">Direct Link</a> ID: 569 589 402	19:30
<b>Saturday</b>	Leicester "Sat Lunchtime" <a href="#">Direct Link</a> ID: 519 598 8647 p/w- 686020	12:00
<b>Sunday</b>	Leicester "As Bill sees it" <a href="#">Direct Link</a> ID 868 2884 7821 p/w- BILLSEESIT	13:00
<b>Sunday</b>	Hinckley "Step Sunday" <a href="#">Direct Link</a> ID: 873 4786 2375 p/w- 494036	20:00

### NA (Narcotics Anonymous)

[www.ukna.org](http://www.ukna.org) | Helpline: 0300 999 1212

<b>Monday</b>	Leicester Womens Meeting <a href="#">Direct Link</a>	12:00
<b>Monday</b>	Leicester "Happy Mondays" Basic Text, 'Open to addicts only' <a href="#">Direct Link</a>	19:15
<b>Tuesday</b>	Leicester "Newcomers" 'Open to all' <a href="#">Direct Link</a>	20:30
<b>Wednesday</b>	Leicester Womens meeting <a href="#">Direct Link</a> 'Open to all'	12:00
<b>Wednesday</b>	Leicester Share meeting 'Open to addicts only' <a href="#">Direct Link</a>	19:00
<b>Friday</b>	Leicester Speaker, 'Open to all' <a href="#">Direct Link</a>	19:15

<b>Saturday</b>	Leicester Womens Topic, 'Open to all' <a href="#">Direct Link</a>	15:00
<b>Saturday</b>	Leicester "Share meeting" 'Open to all' <a href="#">Direct Link</a>	19:00
<b>Sunday</b>	Leicester "Just for today" 'Open to all' on request <a href="#">Direct Link</a>	16:00

### CA (Cocaine Anonymous)

[www.cauk.org.uk](http://www.cauk.org.uk) | Helpline: 0300 111 2285

<b>Monday</b>	Leicester ID- 433 664 1923 p/w 099910	19:00
<b>Saturday</b>	Leicester 'Step Share' <a href="#">Direct link</a> ID: 727 553 5911 p/w 973236	17:00

### SMART | [www.smartrecovery.org.uk](http://www.smartrecovery.org.uk)

<b>Monday</b>	<b>Meeting hosted by Dear Albert</b> - <a href="#">DIRECT LINK</a>	15:00
<b>OTHER ONLINE MEETINGS CAN BE FOUND HERE..</b>	<a href="http://smartrecovery.org.uk/online-meetings/">smartrecovery.org.uk/online-meetings/</a>  Then look for "Local On-Line Meetings"	

### ACT Peer-led Recovery

[www.act-peer-recovery.com](http://www.act-peer-recovery.com) | 0800 8303646

<b>Wednesday</b>	<b>Meeting hosted by Dear Albert</b> - PLEASE CALL FOR AN INVITE: 0800 8303646. Or email <a href="mailto:hello@dearalbert.co.uk">hello@dearalbert.co.uk</a> (click here)	13:00
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**FOR MORE ONLINE MEETINGS PLEASE VISIT THE AA, NA, CA + SMART NATIONAL WEBSITES.**