

ONLINE Mutual Aid *EXAMPLES* - MILLS = Mutual Aid in Leicestershire List

Mutual Aid | Mutual Respect | Mutual Benefits

"WHERE PEOPLE WITH SIMILAR EXPERIENCES HELP EACH OTHER TO MANAGE OR OVERCOME THEIR SUBSTANCE USE ISSUES"

VERSION 4
DRAFT

AA (Alcoholics Anonymous)

alcoholics-anonymous.org.uk | Helpline: 0800 9177 650

zoom

Monday	Leicester Bishop St Methodist church "Big Book Study" Direct Link ID: 829 499 81893 p/w- 429913 (Hybrid)	20:00
Tuesday	Leicester Lunchtime Bishop St Direct Link ID: 176 919 067 (Online)	12:00
Tuesday	Leicester Queens Rd Direct Link ID: 463 352 2150 p/w- 218519 (Live meeting & separate zoom meeting)	20:00
Tuesday	Leicester LGBTQ Sober Direct link ID: 166 603 884 p/w- 1984 (Online)	20:00
Wednesday	Leicester "Newcomers" Direct Link ID:721 9423 8034 (New ID (Online)	19:30
Wednesday	Desford (Online) ID:358 932 0983	19:30
Thursday	Leicester Bishop St Methodist church (Live Meeting)	18:30
Thursday	Leicester, Oadby ID: 719 9961 3696 p/w- OadbyLeics (Online)	20:00
Friday	Leicester Bishop St Methodist church (Womens) 'Leicester Ladies' (Live Meeting)	11:00
Friday	Leicester "Fri Night Reflections" Direct Link ID: 893 4369 7055 (Online)	19:30
Friday	Leicester Queens Rd "Big Book Study" (Live meeting)	19:30
Saturday	Leicester Bishop St Methodist church "Sat Lunchtime" Direct Link ID: 519 598 8647 p/w- 686020 (Hybrid)	12:00
Sunday	Leicester Bishop St "As Bill sees it" Direct Link ID 868 2884 7821 p/w- BILLSEESIT (Hybrid)	13:00
Sunday	Hinckley "Step Sunday" (Online) Direct Link ID: 873 4786 2375 p/w- 494036 (Online)	20:00

NA (Narcotics Anonymous)

www.ukna.org | Helpline: 0300 999 1212

zoom

Monday	Leicester Womens Meeting Direct Link (Online)	12:00
Monday	Leicester "Happy Mondays" Basic Text, 'Open to addicts only' Direct Link (Online)	19:00
Tuesday	Leicester "Newcomers" 'Open to all' Direct Link (Online)	20:30
Wednesday	Leicester Womens meeting Direct Link 'Open to all' (Online)	18:00
Wednesday	Leicester Share meeting 'Open to addicts only' Direct Link (Online)	19:00
Thursday	Loughborough Newcomers 'Open to all' (Online) Direct Link	19:00
Friday	Leicester Speaker, 'Open to all' Direct Link (Online)	19:15
Saturday	Leicester Womens Topic, 'Open to all' Direct Link (Online)	15:00
Saturday	Leicester "Share meeting" 'Open to all' Direct Link (Online)	19:00
Sunday	Leicester "Just for today" 'Open to all' on request Direct Link (Online)	16:00

CA (Cocaine Anonymous)

www.cauk.org.uk | Helpline: 0300 111 2285

zoom

Monday	The Stairway Project. 68 Humberstone gate, Leicester. ID- 433 664 1923 p/w 099910 (Hybrid)	19:00
Saturday	Leicester Bishop St Methodist church 'Step Share' ID 829837 6150 p/w 973236 (Hybrid)	17:00

SMART www.smartrecovery.org.uk		zoom
Monday	Meeting hosted by Dear Albert - DIRECT LINK (Online)	15:00
OTHER ONLINE MEETINGS CAN BE FOUND HERE:.	smartrecovery.org.uk/online-meetings/ Then look for "Local On-Line Meetings"	

ACT Peer-led Recovery		zoom
www.act-peer-recovery.com 0800 8303646		
Wednesday	Meeting hosted by Dear Albert - PLEASE CALL FOR AN INVITE: 0800 8303646. Or email hello@dearalbert.co.uk (click here) (Online)	13:00

ALL MEETINGS SUBJECT TO CHANGE FOR MORE ONLINE MEETINGS/UPDATES PLEASE VISIT THE AA, NA, CA + SMART NATIONAL WEBSITES.