

# MILLs = Mutual Aid in Leicestershire List

## ONLINE Mutual Aid *EXAMPLES*

### Mutual Aid | Mutual Respect | Mutual Benefits

*"WHERE PEOPLE WITH SIMILAR EXPERIENCES HELP EACH OTHER TO MANAGE OR OVERCOME THEIR SUBSTANCE USE ISSUES"*

VERSION 6

AA (Alcoholics Anonymous)		zoom
<a href="http://alcoholics-anonymous.org.uk">alcoholics-anonymous.org.uk</a>   Helpline: 0800 9177 650		
Monday	Leicester Bishop St Methodist church "Big Book Study" (LIVE)	19:30
Monday	"Big Book Study" <a href="#">Direct Link</a> ID: 829 499 81893 p/w-429913 (Live Meeting)	20:00
Tuesday	Leicester Lunchtime Bishop St <a href="#">Direct Link</a> ID: 176 919 067 (Online)	12:00
Tuesday	Leicester Queens Rd <a href="#">Direct Link</a> ID: 463 352 2150 p/w- 218519 (Live meeting & separate zoom meeting)	20:00
Tuesday	Leicester LGBTQ Sober <a href="#">Direct link</a> ID: 166 603 884 p/w- 1984 (Online)	20:00
Tuesday	Hinckley ID: 881 8689 3385 p/w - 077894 (HYBRID)	20:00
Wednesday	Leicester "Newcomers" <a href="#">Direct Link</a> ID:721 9423 8034 (New ID (Online))	19:30
Wednesday	Desford ID:358 932 0983 p/w- 271554 (Online)	19:30
Wednesday	Desford (Live Meeting)	19:30
Thursday	Leicester Bishop St Methodist church (Live Meeting)	18:30
Thursday	Leicester, Oadby ID: 719 9961 3696 p/w- OadbyLeics (Online)	20:00
Friday	Leicester Bishop St Methodist church (Womens) 'Leicester Ladies' (Live Meeting)	11:00
Friday	Leicester "Fri Night Reflections" <a href="#">Direct Link</a> ID: 893 4369 7055 (Online)	19:30
Friday	Leicester Queens Rd "Big Book Study" (Live meeting)	19:30
Saturday	Leicester Bishop St Methodist church "Sat Lunchtime" <a href="#">Direct Link</a> ID: 519 598 8647 p/w- 686020 (Hybrid)	12:00
Saturday	Young persons AA meeting (First sat of every month) ID: 850 407 07856 P/W-604734 (Online)	18:00
Sunday	Leicester Bishop St "As Bill sees it" (Live meeting)	13:00
Sunday	Hinckley "Step Sunday" <a href="#">Direct Link</a> ID: 873 4786 2375 p/w- 494036 (Online and Separate Live meeting)	20:00

CA (Cocaine Anonymous)		zoom
<a href="http://www.cauk.org.uk">www.cauk.org.uk</a>   Helpline: 0300 111 2285		
Monday	Leicester, CA ID: 554 989 6892 p/w CA789 (HYBRID) online & in person @ The Stairway Project	19:00
Tuesday	Oakham "Main share/Reading" ID: 860 4105 0605 p/w-648807 (Hybrid)	19:00
Thursday	Leicester CA ID: 851 5622 8437 p/w- 666999 (Online)	20:00
Sunday	Leicester Bishop St Methodist church (Live Meeting)	18:30

ACT Peer-led Recovery		zoom
<a href="http://www.act-peer-recovery.com">www.act-peer-recovery.com</a>   0800 8303646		
Wednesday	Meeting hosted by Dear Albert - PLEASE CALL FOR AN INVITE: 0800 8303646. Or email <a href="mailto:hello@dearalbert.co.uk">hello@dearalbert.co.uk</a> (click here) (Online)	13:00

NA (Narcotics Anonymous)		zoom
<a href="http://www.ukna.org">www.ukna.org</a>   Helpline: 0300 999 1212		
Monday	Leicester Womens Meeting <a href="#">Direct Link</a> (Online)	12:00
Monday	Leicester "Happy Mondays" Basic Text, 'Open to addicts only' <a href="#">Direct Link</a> (Online)	19:00
Tuesday	Leicester "Newcomers" 'Open to all' <a href="#">Direct Link</a> (Online)	20:30
Tuesday	Leicester Bishop St Methodist church (Live Meeting)	19:00
Wednesday	Leicester Womens meeting <a href="#">Direct Link</a> 'Open to all' (Online)	18:00
Wednesday	Leicester Share meeting 'Open to addicts only' <a href="#">Direct Link</a> (Online)	19:00
Thursday	Loughborough Newcomers 'Open to all' (Online) <a href="#">Direct Link</a>	19:00
Friday	Leicester Bishop St Methodist church (Live Meeting)	19:15
Friday	Leicester Friday night freedom 'Open to all' <a href="#">Direct Link</a> (Online)	19:15
Saturday	Leicester Womens Topic, 'Open to all' <a href="#">Direct Link</a> (HYBRID) online & in person @ The Stairway Project	15:00
Saturday	Leicester "Share meeting" 'Open to all' <a href="#">Direct Link</a> (Online)	19:00
Sunday	Leicester "Just for today" 'Open to all' on request <a href="#">Direct Link</a> (Online)	16:00

SMART		zoom
<a href="http://www.smartrecovery.org.uk">www.smartrecovery.org.uk</a>		
Monday	Meeting hosted by Dear Albert - <a href="#">DIRECT LINK Meeting</a> (Online)	13:00
OTHER ONLINE MEETINGS CAN BE FOUND HERE:.		<a href="http://smartrecovery.org.uk/online-meetings/">smartrecovery.org.uk/online-meetings/</a> Then look for "Local On-Line Meetings"

Al-Anon		zoom
<a href="https://www.al-anonuk.org.uk/">https://www.al-anonuk.org.uk/</a>   0800 0086 811		
Thursday	Al-Anon Family Groups are for the families & friends of alcoholics who share their experience, strength & hope in order to solve their common problems. <a href="#">Direct Link</a> (Online)	19:30

Families Anonymous		zoom
<a href="http://famanon.org.uk/">http://famanon.org.uk/</a>   0207 4984 680		
HELPLINE 0207 4984 680	Families Anonymous is a world-wide fellowship of family members and friends affected by another's abuse of mind-altering substances, or related behavioural problems <a href="#">Direct Link to ONLINE FORUM</a>	

ALL MEETINGS SUBJECT TO CHANGE FOR MORE ONLINE MEETINGS/UPDATES PLEASE VISIT THE AA, NA, CA + SMART NATIONAL WEBSITES.

If you have information about a local meeting we can add it to this list - please call: 0800 8303646