

MILLs = Mutual Aid in Leicestershire List

Mutual Aid | Mutual Respect | Mutual Benefits

"WHERE PEOPLE WITH SIMILAR EXPERIENCES HELP EACH OTHER TO MANAGE OR OVERCOME THEIR SUBSTANCE USE ISSUES"

VERSION 34

KEY: **IN PERSON**, on **ZOOM** or **MIXED** = In person & on Zoom

To view a **electronic version** of this list, please visit:
www.TheStairwayProject.co.uk and look for 'the MILLs'

AA (Alcoholics Anonymous) alcoholics-anonymous.org.uk Helpline: 0800 9177 650		
Monday	Leicester Bishop St Methodist church "Big Book Study" IN PERSON	19:30
Tuesday	Leicester Lunchtime Bishop St Methodist church Direct Link ID: 176 919 067 MIXED	12:00
Tuesday	Leicester Friends Meeting House, (upstairs) Queens Rd LE2 1WP Direct Link ID: 463 352 2150 p/w- 218519 IN PERSON & separate ZOOM	20:00
Tuesday	Leicester LGBTQ Sober Direct link ID: 166 603 884 p/w- 1984 ZOOM	20:00
Tuesday	Hinckley St Mary's Church, Coffee Bar, Church Walk, off Station Rd LE10 1DW. ID: 881 8689 3385 p/w - 077894 MIXED	20:00
Wednesday	Leicester "Newcomers" Leicester Bishop St Methodist church IN PERSON	19:30
Wednesday	"Newcomers" Robert Hall Baptist Church 147 Narborough Rd, Leicester LE3 OPD IN PERSON	19:30
Wednesday	Desford ID:358 932 0983 p/w- 271554 ZOOM	19:30
Wednesday	Desford Church Centre, Main St, Desford LE9 9GR IN PERSON	19:30
Thursday	Leicester Bishop St Methodist church IN PERSON	18:30
Thursday	Leicester, Oadby ID: 719 9961 3696 p/w- OadbyLeics ZOOM	20:00
Friday	Leicester Womens Bishop St Methodist church IN PERSON	11:00
Friday	Leicester "Fri Night Reflections" Direct Link ID: 893 4369 7055 ZOOM	19:30
Friday	Leicester Friends Meeting House, (upstairs) Queens Rd LE2 1WP "Big Book Study" IN PERSON	19:30
Saturday	Leicester Bishop St Methodist church "Sat Lunchtime" IN PERSON	12:00
Saturday	Young persons AA meeting (First sat of every month) ID: 850 407 07856 P/W-604734 ZOOM	18:00
Saturday	"Polish speaking" Robert Hall Baptist Church 147 Narborough Rd, Leicester LE3 OPD IN PERSON	18:30
Sunday	Leicester Bishop St Methodist church "As Bill sees it" IN PERSON	13:00
Sunday	Hinckley "Step Sunday" Direct Link ID: 873 4786 2375 p/w- 494036 MIXED	20:00

CA (Cocaine Anonymous) www.cauk.org.uk Helpline: 0300 111 2285		
Monday	Leicester, CA ID: 554 989 6892 p/w CA789 @ The Stairway Project LE1 3PL MIXED	19:00
Tuesday	Oakham "Main share/Reading" ID: 860 4105 0605 p/w- 648807 MIXED	19:00
Thursday	Leicester CA ID: 851 5622 8437 p/w- 666999 ZOOM	20:00
Sunday	Leicester Bishop St Methodist church IN PERSON	18:30

NA (Narcotics Anonymous) www.ukna.org Helpline: 0300 999 1212		
Monday	Leicester Womens Meeting Direct Link ZOOM	12:00
Monday	Leicester "Happy Mondays" Basic Text, 'Open to addicts only' Direct Link ZOOM	19:00
Tuesday	Leicester Bishop St Methodist church IN PERSON	19:00
Tuesday	Loughborough Direct Link Pass 055924 ZOOM	19:30
Tuesday	Leicester "Newcomers" 'Open to all' Direct Link ZOOM	20:30
Wednesday	Leicester Womens meeting Direct Link 'Open to all' ZOOM	18:00
Wednesday	Leicester Share meeting 'Open to addicts only' Direct Link ZOOM	19:00
Thursday	Loughborough Newcomers Millennium suite at back of Baptist Church, Baxter Gate, Loughborough, LE11 1TG Pass 055924 Direct Link MIXED	19:30
Friday	Leicester Bishop St Methodist church IN PERSON	19:15
Friday	Leicester Friday night freedom 'Open to all' Direct Link ZOOM	19:15
Saturday	Leicester Womens Topic, 'Open to all' Direct Link @ The Stairway Project LE1 3PL MIXED	15:00
Saturday	Loughborough Direct Link Pass 055924 ZOOM	17:00
Saturday	Leicester "Share meeting" 'Open to all' Direct Link ZOOM	19:00
Sunday	Leicester "Just for today" 'Open to all' on request Direct Link ZOOM	16:00

SMART www.smartrecovery.org.uk		
Monday	Meeting hosted by Dear Albert - DIRECT LINK MIXED	13:00
OTHER ONLINE MEETINGS		smartrecovery.org.uk/online-meetings/ Then look for "Local On-Line Meetings"

ACT Peer-led Recovery www.act-peer-recovery.com 0800 8303646		
Wednesday	Meeting hosted by Dear Albert - PLEASE CALL FOR AN INVITE: 0800 8303646. Or email hello@dearalbert.co.uk (click here) ZOOM	13:00

Al-Anon https://www.al-anonuk.org.uk/ 0800 0086 811		
Thursday	Al-Anon Family Groups are for the families & friends of alcoholics who share their experience, strength & hope in order to solve their common problems. Direct Link ZOOM	19:30

Families Anonymous famanon.org.uk/ 0207 4984 680		
HELPLINE 0207 4984 680	Families Anonymous is a world-wide fellowship of family members and friends affected by another's abuse of mind-altering substances, or related behavioural problems Direct Link to ONLINE FORUM	

ALL MEETINGS SUBJECT TO CHANGE. FOR MORE MEETINGS/UPDATES PLEASE VISIT THE AA, NA, CA + SMART NATIONAL WEBSITES.

If you have information about a local meeting we can add it to this list - please call: 0800 8303646