MILLs = Mutual Aid in Leicestershire List

Mutual Aid | Mutual Respect | Mutual Benefits

"WHERE PEOPLE WITH SIMILAR EXPERIENCES HELP EACH OTHER TO MANAGE OR OVERCOME THEIR SUBSTANCE USE ISSUES"

To view a **electronic version** of this list, please visit or click here: **www.TheStairwayProject.co.uk** and look for **'the MILLs'**

KEY: IN PERSON, on ZOOM or MIXED = In person & on Zoom

AA (Alcoholics Anonymous)

alcoholics-anonymous.org.uk | Helpline: 0800 9177 650

Mon	Coalville The Vestry, Christ Church, London Rd LE67 3JA <u>IN PERSON</u>	19:00
Mon	Leicester Bishop St Methodist church "Big Book Study" IN PERSON	19:30
Mon	Desford Los Angels Recovery Village Hall 12 Lindridge Ln,Desford LE9 9GNIN PERSON	19:30
Mon	Loughborough LadiesJohn Storer House, Bedford SQ, Wards End,LE11 3HAIN PERSON	19:30
Mon	Mkt Harborough Congregational Church, Bowden Ln, LE16 7JD IN PERSON	19:30
Tues	Leicester AA @ The Stairway Project LE1 3PL IN PERSON	12:00
Tues	Leicester AA Indian/English Gujarati, Hindi and Punjabi speaking.Belgrave Neighbourhood Centre, Leicester LE4 8LFIN PERSON	18:30
Tues	Leicester Friends Meeting House, (upstairs) Queens Rd LE2 1WP IN PERSON	20:00
Tues	Leicester LGBTQ Sober Direct link ID: 813 6562 9554 p/w- 1984	20:00
Tues	HinckleySt Mary's Church, Coffee Bar, Church Walk, off Station RdLE10 1DW.IN PERSON	20:00
Wed	Uppingham Church Rms, Church of St Peter & St Paul, 3 Market Pl,Uppingham (left at church entrance) LE15 9QHIN PERSON	19:00
Wed	Leicester "Newcomers" Leicester Bishop St Methodist church	19:30
Wed	Syston Methodist Church (Upstairs) High St, LE7 1GP IN PERSON	19:30
Wed	Loughborough NewcomersJohn Storer House, Bedford SQ, WardsEnd, LE11 3HAIN PERSON	19:30
Wed	Desford ID:358 932 0983 p/w- 271554 ZOOM	19:30
Wed	Desford Church Centre, Main St, Desford LE9 9GR IN PERSON	19:30
Wed	Ashby Legion House, South St LE65 1BQ	20:00
Thur	Leicester Bishop St Methodist church	18:30
Thur	Cosby Methodist church, Park Rd, Cosby LE9 1RN IN PERSON	19:30
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Fri	Hinckley Trinity Centre, Holy Trinity Church, 1 Cleveland Rd LE10 0AJ	20:30		
Sat	Sat Leicester Bishop St Methodist church "Sat Lunchtime"			
Sat	Mkt Harborough (Womens) Congregational Church, Bowden Ln, LE16 7JD Zoom ID 490 8225 190MIXED	12:00		
Sat	Leicester Bishop St Methodist church	18:00		
Sat	"Polish speaking" Robert Hall Baptist Church 147 Narborough Rd, Leicester LE3 OPD IN PERSON	18:00		
Sat	Oakham St Josephs RC Church, Station Rd LE15 6QU IN PERSON	19:00		
Sun	Syston Methodist Church (Upstairs) High St, LE7 1GP IN PERSON	10:00		
Sun	Leicester Bishop St Methodist church"As Bill sees it" IN PERSON	13:00		
Sun	Ashby St Helen's Community Heritage Centre, The Churchyard,Lower Church St LE65 1AAIN PERSON	19:30		
Sun	Hinckley "Step Sunday"St Mary's Church, Coffee Bar, ChurchWalk, off Station Rd, LE10 1DWIN PERSON	20:00		
Sun	Hinckley "Step Sunday" ID: 873 4786 2375 P/W 494036 ZOOM	20:00		

NA (Narcotics Anonymous) <u>www.ukna.org</u> Helpline: 0300 999 1212

Wed	Uppingham (left at church entrance) LE15 9QH		N	VIon	Leicester Bishop St Methodist church	19:15
Wed	Leicester "Newcomers" Leicester Bishop St Methodist church	1 9:30	N	Vlon	Leicester Happy Mondays ' Open to addicts only' Direct Link ZOOM	19:00
Wed	Syston Methodist Church (Upstairs) High St, LE7 1GP IN PERSO	<u>∎</u> 19:30	T	Tues	Leicester Bishop St Methodist church	19:15
Wed	Loughborough Newcomers John Storer House, Bedford SQ, Ward End, LE11 3HA		Т	Fues	LoughboroughKnightthorpeMethodistChurch,106KnightthorpeRoad, LE115JUIN PERSON	19:30
Wed	Desford ID:358 932 0983 p/w-271554 ZOOM	19:30	Т	Tues	Mkt Harborough Congregational Church, Bowden Ln, LE16 7JD	19:30
Wed	Desford Church Centre, Main St, Desford LE9 9GR IN PERSO	19:30			<u>IN PERSON</u>	
Wed	Ashby Legion House, South St LE65 1BQ	20:00	ון	Tues	Loughborough Direct Link Pass 055924 ZOOM	19:30
Thur	Leicester Bishop St Methodist church	18:30	1	Tues	Leicester Newcomers 'Open to all 'Direct Link ZOOM	20:30
Thur	Cosby Methodist church, Park Rd, Cosby LE9 1RN IN PERSO			Ved	Leicester NA Living clean @ The Stairway Project LE1 3PL IN PERSON	19:15
Thur	Leicester, Barnabas Centre, St Paul's Church, Hamble Rd, Oadby LE2 4NX IN PERSO	20:00	Т	۲hur	Loughborough Newcomers Millennium suite at back of Baptist Church, Baxter Gate, Loughborough, LE11 1TG IN PERSON	19:30
Fri	Leicester Womens Bishop St Methodist church	<u> </u>	F	ri	Leicester Bishop St Methodist church	19:15
Fri	Melton Mowbray, Storehouse @ Hope Centre, 42-44 NottinghamSt LE13 1NWIN PERSO	19:00	S	Sat	Leicester Womens Topic, 'Open to all' IN PERSON Bishop St Methodist church (Downstairs Vestry Rm)	16:00
Fri	Leicester Bishop St Methodist church (upstairs)	<u> </u> 19:30	s	Sat	Loughborough Direct Link Pass 055924 ZOOM	17:00
Fri	Loughborough Salvation Army Hall, Burleigh Rd, LE11 3BA	19:30	S	Sun	Leicester Womens Direct Link ZOOM	19:00
			S	Sun	Leicester "Just for today" 'Open to all'	16:00
Fri	Leicester Friends Meeting House, (upstairs) Queens Rd LE2 1WP "Big Book Study" IN PERSO	19:30				
Fri	Mkt Harborough Congregational Church, Bowden Ln, LE16 7JD IN PERSO	<u>N</u> 19:30				

ALL MEETINGS SUBJECT TO CHANGE. FOR MORE MEETINGS/UPDATES PLEASE VISIT THE AA, NA, CA + SMART NATIONAL WEBSITES.

If you have information about a local meeting we can add it to this list - please call: 0800 8303646. NOTE: Dear Albert are not affiliated with the Fellowship meetings listed here.

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CA (Cocaine Anonymous) <u>www.cauk.org.uk</u> Helpline: 0300 111 2285				
Mon	Leicester, CA @ The Stairway Project LE1 3PL	IN PERSON	19:00	
Tues	Oakham Baptist church, Melton Rd, Rutland LE15 6AY	IN PERSON	19:30	
Wed Leicester St Andrews Church, Hinckley Rd LE3 3PF IN PERSON				
Thur Leicester, CA @ The Stairway Project LE1 3PL IN PERSON 1				
Fri	i Leicester, CA @ The Stairway Project LE1 3PL <u>IN PERSON</u> 19			
Sat	Loughborough Fearon Hall, Rectory Rd, LE11 1PL	IN PERSON	18:00	
Sun	Leicester Bishop St Methodist church	IN PERSON	18:30	

SMART <u>www.smartrecovery.org.uk</u>					
Monday	Meeting hosted by Dear Albert @ The Stairway ProjectLE1 3PLIN PERSON	13:00			
Monday	Meeting hosted by Dear Albert - DIRECT LINK ZOOM	15:00			
Saturday	Wellbeing Centre, Asha House, 63 Woodgate,Loughborough LE11 272IN PERSON	13:15			
OTHER ONLINE MEETINGS	smartrecovery.org.uk/online-meetings/ Then look for "Local On-Line Meetings"ZOOM				

ACT Peer-led Recovery <u>www.act-peer-recovery.com</u> 0800 8303646			
Tues	Meeting hosted by Dear Albert@ The Stairway Project LE1 3PLIN PERSON	10:30 (Prompt)	
Thur	Meeting hosted by Dear Albert CALL FOR AN INVITE:0800 8303646. Or email hello@dearalbert.co.ukZOOM	10:30 No Admittance After 10:35	

Al-Anon <u>https://www.al-anonuk.org.uk/</u> 0800 0086 811

Al-Anon Family Groups are for the families & friends of alcoholics

Families Anonymousfamanon.org.uk/0207 4984 680

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amilies Anonymous is a world-wide fellowship of amily members and friends affected by another's buse of **mind-altering substances**, or related ehavioural problems Direct Link to ONLINE FORUM

My Meeting Planner / Notes:



	share their experience, strength & hope in order to solve th mon problems.	eir		
Wed	Loughborough John Storer House, Bedford SQ, Wards End, LE11 3HA IN PERSON	19:00		
Thur	Attenborough Arts Centre, Lancaster Rd, Leicester LE1 7HA IN PERSON	19:30		
Wed	Christ Church URC Barbara road, Leicester, LE3 2EB	19:30	—	

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