



Leicester, Leicestershire & Rutland

RECOVERY FESTIVAL '24

SEPTEMBER TIMETABLE

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FREE RECOVERY T SHIRTS

at the RECOVERY WALK on 7th Sept.
Designed and printed by the Recovery Community.



Keep your eye on all our social media channels throughout the month for:
Messages, Shares & Podcasts

Leicester, Leicestershire & Rutland Recovery Festival, part of International Recovery Month, showcasing recovery from drink and drug addiction. **#rf24**

DAY	EVENT	LOCATION	TIME	DETAIL
Mon 02 Sept	Health & Wellbeing Day - COUNTY	Falcon Centre, 27 Pinfold Gate, Loughborough	starts 10am	Celebrating Recovery and bringing together agencies that provide support to individuals across your region
Tue 03 Sept	Peer Mentor & Volunteer Celebration	The Stairway Project 68 Humberstone Gate, Leicester	11am - 2pm	Celebration & Awards Ceremony in recognition of those 'giving back' to the Recovery Community
Wed 04 Sept	Coffee Morning	AGE UK, Clarence House, Leicester	11am - 1pm	Connection & Conversation - Includes armchair yoga, coffee and cake
Fri 06 Sept	Football Tournament	Beaumont Park, Leicester LE4 1ES	10am - 3pm	To book your team please contact lee.flannigan@falconsupportservices.org.uk . Alternatively if you don't have a team and want to play please just turn up on the day and we'll find you a team to join.
Fri 06 Sept	Happy DriDay Afternoon No.1	The Stairway Project 68 Humberstone Gate, Leicester	12 - 4pm	Art & Crafts sessions for ALL+ WORLD FOOD
Sat 07 Sept	Annual Recovery Walk - Leicester	Leicester City Centre & The Stairway Project	starts 11am	Meet at Turning Point car park on Millstone Lane (look for a steward) Finishing @ The Stairway for food & fun!
Thu 12 Sept	Community Health & Wellbeing Event	Haymarket Shopping Ctr Leicester	10am-3pm	Meet the Services Advice & Information
Thu 12 Sept	Coffee Morning	Marlene Reid Centre, 85 Belvoir Rd, Coalville	11am - 1pm	Connection & Conversation
Fri 13 Sept	Happy DriDay Afternoon No.2	The Stairway Project 68 Humberstone Gate, Leicester	12 - 4pm	Guest appearances from musical artists & Open Mic + WORLD FOOD
Fri 13 Sept	You Do The MAFs - Start Date	ONLINE (using ZOOM)	10.30am - 12.30	REFERRALS ONLY - Dear Alberts ONLINE 6 weeks Recovery Programme - Info from hello@dearalbert.co.uk
Sun 15 Sept	Family & Friends Afternoon Tea	The Stairway Project 68 Humberstone Gate, Leicester	starts 2.30pm	INVITATION ONLY - Afternoon tea with complimentary alternative therapy treatments
Wed 18 Sept	'Recovery Art' Exhibition - COUNTY	The Wellbeing Centre 63 Woodgate, Loughborough	6pm - 7pm	Created by people in Recovery at recent art workshops: using art to explore their recovery
Thu 19 Sept	Community Health & Wellbeing Event	Haymarket Shopping Ctr Leicester	10am - 3pm	Meet the Services Advice & Information
Fri 20 Sept	Happy DriDay Afternoon No.3	The Stairway Project 68 Humberstone Gate, Leicester	12 - 4pm	Street Recovery Film Festival - shortlist film screening + WORLD FOOD
Tue 24 Sept	Board Game Day	AGE UK, Clarence House, Leicester	11am - 3pm	Pop along and enjoy some fun & games !
Tue 24 Sept	Service User Voice - OPEN DAY	Turning Point Friar Lane, Leicester	10am - 4pm	Hear about 'What you said, We did' and take the opportunity to have your voice heard... Cakes & Free T shirt!
Wed 25 Sept	ART Workshop	Leicester Museum & Art Gallery New Walk, Leicester	TBC	INVITATION ONLY - Expressing ourselves through Art
Thu 26 Sept	Creative Writing Coffee Morning	Asha House Loughborough	11am - 1pm	Pop along and get creative !
Thu 26 Sept	Table Tennis Tournament - THE FINAL	No.5, Hill Street, Leicester	12.30 - 3.30pm	League matches at No.5 on 12th & UNITY House on 19th. To enter: vince.williams2@nhs.net 0116 478 2017
Fri 27 Sept	Happy DriDay Afternoon No.4	The Stairway Project 68 Humberstone Gate, Leicester	10.30 - 4pm	Health & Wellbeing - guest therapists, haircuts and pampering! + WORLD FOOD

v4 All events are FREE and OPEN TO ALL unless stated

