MILLs = Mutual Aid in Leicestershire List

Mutual Aid | Mutual Respect | Mutual Benefits

"Where people with similar experiences help each other to manage or overcome their substance use issues"

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VERSION 43

KEY: IN PERSON, on **ZOOM** or **MIXED** = In person & on **Zoom**

KEY: IN PERSON, on ZOOM or MIXED = In person & on Zoom			
AA (Alcoholics Anonymous)			
alcol	nolics-anonymous.org.uk Helpline: 0800 9	177 650	
Mon	Coalville Hall Ln Methodist Church, 376 Hall Ln, Whitwick. LE67 5PF	IN PERSON	19:00
Mon	Leicester Bishop St Methodist church, LE1 6AF	IN PERSON	19:30
Mon	Enderby Civic Centre, King St, Enderby, Leic LE19 4NT	IN PERSON	19:15
Mon	Loughborough Ladies John Storer House, Bedford SQ, LE11 3HA	Wards End, IN PERSON	19:30
Mon	Mkt Harborough Congregational Church, Bowden Ln, L	E16 7JD IN PERSON	19:30
Tues	Leicester AA @ The Stairway Project LE1 3PL	IN PERSON	12:00
Tues	Coalville Marlene Reid Centre, 85 Belvoir Rd, LE67 3PH	IN PERSON	12:15
Tues	Leicester AA Indian/English Gujarati, Hindi and Punjab Belgrave Neighbourhood Centre, Leicester LE4 8LF	i speaking. IN PERSON	18:30
Tues	Leicester Friends Meeting House, (upstairs) Queens Ro	LE2 1WP IN PERSON	19:30
Tues	Leicester LGBTQ Sober Direct link ID: 813 6562 9554	p/w- 1984 ZOOM	20:00
Tues	Hinckley St Mary's Church, Coffee Bar, Church Walk, of LE10 1DW.	f Station Rd IN PERSON	20:00
Wed	Uppingham Church Rms, Church of St Peter & St Paul, Uppingham (left at church entrance) LE15 9QH	3 Market Pl, IN PERSON	19:00
Wed	Leicester "Newcomers" Leicester Bishop St Methodist church LE1 6AF	IN PERSON	19:30
Wed	Syston Methodist Church (Upstairs) High St, LE7 1GP	IN PERSON	19:30
Wed	Loughborough Newcomers John Storer House, Bedfor End, LE11 3HA	d SQ, Wards IN PERSON	19:30
Wed	Desford Church Centre, Main St, Desford LE9 9GR	IN PERSON	19:30
Wed	Ashby Legion House, South St LE65 1BQ	IN PERSON	19:30
Thur	Leicester Bishop St Methodist church LE1 6AF	IN PERSON	18:30
Thur	Cosby Methodist church, Park Rd, Cosby LE9 1RN	IN PERSON	19:30
Thur	Leicester , Barnabas Centre, St Paul's Church, Hamble F LE2 4NX	Rd, Oadby IN PERSON	20:00
Fri	Leicester Womens Bishop St Methodist church	IN PERSON	11:00
Fri	Melton Mowbray , Storehouse @ Hope Centre, 42-44 No St LE13 1NW	ottingham IN PERSON	19:00
Fri	Leicester Bishop St Methodist church (upstairs)	IN PERSON	19:30
Fri	Loughborough Salvation Army Hall, Burleigh Rd, LE11 3	BBA IN PERSON	19:30
Fri	Leicester Friends Meeting House, (upstairs) Queens Ro "Big Book Study"	LE2 1WP IN PERSON	19:30
Fri	Mkt Harborough Congregational Church, Bowden Ln,	LE16 7JD IN PERSON	19:30

Sat	Ashby Womens, Legion House, South St LE65 1BQ <u>IN PERSON</u>	11:30
Sat	Leicester "Sat Lunchtime" Bishop St Methodist church LE1 6AF IN PERSON	12:00
Sat	Mkt Harborough (Womens) Congregational Church, Bowden Ln, LE16 7JD Zoom ID 490 8225 190 MIXED	12:00
Sat	Leicester Bishop St Methodist church LE1 6AF IN PERSON	18:00
Sat	"Polish speaking"Leicester Robert Hall Baptist Church 147 Narborough Rd, LE3 OPD IN PERSON	18:30
Sat	Oakham St Josephs RC Church, Station Rd LE15 6QU IN PERSON	19:00
Sun	Syston Methodist Church (Upstairs) High St, LE7 1GP IN PERSON	10:00
Sun	Leicester Bishop St Methodist church"As Bill sees it" IN PERSON	13:00
Sun	Ashby St Helen's Community Heritage Centre, The Churchyard, Lower Church St LE65 1AA IN PERSON	19:30
Sun	Hinckley "Step Sunday" St Mary's Church, Coffee Bar, Church Walk, off Station Rd, LE10 1DW IN PERSON	20:00
Sun	Hinckley "Step Sunday" ID: 873 4786 2375 P/W 494036 ZOOM	20:00

NA (Narcotics Anonymous) www.ukna.org Helpline: 0300 999 1212			
Mon	Leicester Bishop St Methodist church, LE1 6AF	IN PERSON	19:15
Tues	Leicester Bishop St Methodist church. LE1 6AF	IN PERSON	19:15
Tues	Loughborough Knightthorpe Methodist Church, 106 Knightthorpe Road, LE11 5JU	IN PERSON	19:30
Tues	Mkt Harborough Congregational Church, Bowden L	n, LE16 7JD IN PERSON	19:30
Wed	Leicester NA @ The Stairway Project LE1 3PL	IN PERSON	19:15
Thur	Loughborough Newcomers Millennium suite at back Church, Baxter Gate, Loughborough, LE11 1TG	of Baptist IN PERSON	19:30
Fri	Leicester Bishop St Methodist church LE1 6AF	IN PERSON	19:15
Sat	Leicester Womens Topic, 'Open to all' Bishop St Methodist church (Downstairs Vestry Rm)	IN PERSON	16:00
Sat	Loughborough Knightthorpe Methodist Church, 106 Knightthorpe Road, LE11 5JU	IN PERSON	18:00
Sun	Leicester Womens <u>Direct Link</u>	ZOOM	19:00
Sun	Leicester "Just for today" 'Open to all' Bishop St Methodist church LE1 6AF	IN PERSON	16:00

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CA (Cocaine Anonymous) www.cauk.org.uk Helpline: 0300 111 2285			
Mon	Leicester, CA @ The Stairway Project LE1 3PL	IN PERSON	19:00
Tues	Oakham Baptist church, Melton Rd, Rutland LE15 6AY	IN PERSON	19:30
Wed	Leicester St Andrews Church, Hinckley Rd LE3 3PF	IN PERSON	19:30
Wed	Loughborough Fearon Hall, Rectory Rd, LE11 1PL	IN PERSON	19:30
Thur	Leicester, CA @ The Stairway Project LE1 3PL	IN PERSON	19:30
Fri	Leicester, CA @ The Stairway Project LE1 3PL	IN PERSON	19:30
Sat	Loughborough Fearon Hall, Rectory Rd, LE11 1PL	IN PERSON	18:00
Sun	Leicester Bishop St Methodist church	IN PERSON	18:30

SMART www.smartrecovery.org.uk				
Monday	Meeting hosted by Dear Albert @ The Stairway Project LE1 3PL IN PERSON	13:00		
Monday	Meeting hosted by Dear Albert - DIRECT LINK ZOOM	15:00		
Saturday	Turning Point, 38 Friar Ln, Leicester LE1 5RA (New meeting starts 24th Aug) IN PERSON	11:00		
Saturday	Wellbeing Centre, Asha House, 63 Woodgate, Loughborough LE11 272 <u>IN PERSON</u>	13:15		
OTHER ONLINE MEETINGS	smartrecovery.org.uk/online-meetings/ Then look for "Local On-Line Meetings" ZOOM			

ACT Peer-led Recovery www.act-peer-recovery.com 0800 8303646			
Tues	Meeting hosted by Dear Albert @ The Stairway Project LE1 3PL IN PERSON	10:30 (Prompt)	
Thur	Meeting hosted by Dear Albert CALL FOR AN INVITE: 0800 8303646. Or email hello@dearalbert.co.uk ZOOM	10:30 No Admittance After 10:35	

0800 0086 811			
Al-Anon Family Groups are for the families & friends of alcoholics who share their experience, strength & hope in order to solve their common problems.			
Wed	Loughborough John Storer House, Bedford SQ, Wards End, LE11 3HA IN PERSON	19:00	
Thur	Attenborough Arts Centre, Lancaster Rd, Leicester LE1 7HA IN PERSON	19:30	
Wed	Christ Church URC Barbara road, Leicester, LE3 2EB <u>IN PERSON</u>	19:30	

Families 0207 498	S Anonymous <u>famanon.org.uk/</u> 4 680
HELPLINE 0207 4984 680	Families Anonymous is a world-wide fellowship of family members and friends affected by another's abuse of mind-altering substances , or related behavioural problems <u>Direct Link to ONLINE FORUM</u>

My Meeting Planner / Notes:

my meeting radiner / Notes.	
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