

MILLs = Mutual Aid in Leicestershire List

Mutual Aid | Mutual Respect | Mutual Benefits

"WHERE PEOPLE WITH SIMILAR EXPERIENCES HELP EACH OTHER TO MANAGE OR OVERCOME THEIR SUBSTANCE USE ISSUES"

To view an electronic version of this list, please visit or click here: www.TheStairwayProject.co.uk and look for 'the MILLs'

VERSION 46

KEY: All meetings are in IN PERSON, unless stated as on ZOOM

AA (Alcoholics Anonymous)

alcoholics-anonymous.org.uk | Helpline: 0800 9177 650

Mon	Oakham St Joseph's Catholic Church, Station Rd, LE15 6QU	18:30
Mon	Coalville Hall Ln Methodist Church, 376 Hall Ln, Whitwick. LE67 5PF	19:00
Mon	Leicester Bounce Bac 12 Steps GNG Holy Bones, LE1 4LJ	19:00
Mon	Leicester Bishop St Methodist church, LE1 6AF	19:30
Mon	Enderby Civic Centre, King St, Enderby, Leic LE19 4NT	19:15
Mon	Loughborough Ladies John Storer House, Bedford SQ, Wards End, LE11 3HA	19:30
Mon	Mkt Harborough Congregational Church, Bowden Ln, LE16 7JD	19:30
Tues	Coalville Marlene Reid Centre, 85 Belvoir Rd, LE67 3PH	12:15
Tues	Leicester AA Indian/English Gujarati, Hindi and Punjabi speaking. Belgrave Neighbourhood Centre, Leicester LE4 6LF	18:30
Tues	Leicester Friends Meeting House, (upstairs) Queens Rd LE2 1WP	19:30
Tues	Leicester LGBTQIA Sober Direct link ID: 813 6562 9554 p/w- 1984 ZOOM	20:00
Tues	Hinckley St Mary's Church, Coffee Bar, Church Walk, off Station Rd LE10 1DW.	20:00
Wed	Uppingham Church Rms, Church of St Peter & St Paul, 3 Market Pl, Uppingham (left at church entrance) LE15 9QH	19:00
Wed	Leicester "Newcomers" Leicester Bishop St Methodist church LE1 6AF	19:30
Wed	Syston Methodist Church (Upstairs) High St, LE7 1GP	19:30
Wed	Loughborough Newcomers John Storer House, Bedford SQ, Wards End, LE11 3HA	19:30
Wed	Desford Church Centre, Main St, Desford LE9 9GR	19:30
Wed	Ashby Legion House, South St LE65 1BQ	19:30
Thur	Leicester Bishop St Methodist church LE1 6AF	18:30
Thur	Cosby Methodist church, Park Rd, Cosby LE9 1RN	19:30
Thur	Leicester Barnabas Centre, St Paul's Church, Hamble Rd, Oadby LE2 4NX	20:00
Fri	Leicester Womens Bishop St Methodist church	11:00
Fri	Melton Mowbray Storehouse @ Hope Centre, 42-44 Nottingham St LE13 1NW	19:00
Fri	Fleckney Fleckney Library, 8 School St, Leicester, LE8 8AS	19:00
Fri	Leicester Bishop St Methodist church (upstairs)	19:30
Fri	Loughborough Salvation Army Hall, Burleigh Rd, LE11 3BA	19:30
Fri	Leicester Friends Meeting House, (upstairs) Queens Rd LE2 1WP "Big Book Study"	19:30
Fri	Mkt Harborough Congregational Church, Bowden Ln, LE16 7JD	19:30

Sat	Ashby Womens, Legion House, South St LE65 1BQ	11:30
Sat	Leicester "Sat Lunchtime" Bishop St Methodist church LE1 6AF	12:00
Sat	Mkt Harborough (Womens) Congregational Church, Bowden Ln, LE16 7JD	12:00
Sat	Leicester Bishop St Methodist church LE1 6AF	18:00
Sat	"Polish speaking" Leicester Robert Hall Baptist Church 147 Narborough Rd, LE3 OPD	18:30
Sat	Oakham St Josephs RC Church, Station Rd LE15 6QU	19:00
Sun	Syston Methodist Church (Upstairs) High St, LE7 1GP	10:00
Sun	Leicester Bishop St Methodist church "As Bill sees it"	13:00
Sun	Ashby St Helen's Community Heritage Centre, The Churchyard, Lower Church St LE65 1AA	19:30
Sun	Hinckley "Step Sunday" St Mary's Church, Coffee Bar, Church Walk, off Station Rd, LE10 1DW	20:00
Sun	Hinckley "Step Sunday" ID: 873 4786 2375 P/W 494036 ZOOM	20:00
Any Day	24 Hour Marathon Meeting Meeting ID: 292 371 2604 No password ZOOM	24 Hr

NA (Narcotics Anonymous) www.ukna.org

Helpline: 0300 999 1212

Mon	Leicester Bishop St Methodist church, LE1 6AF	19:15
Tues	Leicester Bishop St Methodist church. LE1 6AF	19:15
Tues	Loughborough Knightthorpe Methodist Church, 106 Knightthorpe Road, LE11 5JU	19:30
Tues	Mkt Harborough Congregational Church, High St, LE16 7JD	19:30
Wed	Leicester Womens Spiritual Sticks (Downstairs) Bishop St Methodist church. LE1 6AF	12:00
Wed	Leicester NA, Round Robin @ The Stairway Project LE1 3PL	19:15
Thur	Leicester Thorpe Astley Community Centre, Lakin Dr, LE3 3RU	18:30
Thur	Loughborough Newcomers Millennium suite at back of Baptist Church, Baxter Gate, Loughborough, LE11 1TG	19:30
Fri	Leicester Bishop St Methodist church LE1 6AF	19:15
Sat	Hinckley Holy Trinity Church (Lime Hall) 1 Cleveland Rd, LE10 0AJ	18:00
Sat	Loughborough Knightthorpe Methodist Church, 106 Knightthorpe Road, LE11 5JU	18:00
Sun	Leicester "Just for today" 'Open to all' Bishop St Methodist church LE1 6AF	16:00

ALL MEETINGS SUBJECT TO CHANGE. FOR MORE MEETINGS/UPDATES PLEASE VISIT THE AA, NA, CA + SMART NATIONAL WEBSITES.

If you have information about a local meeting we can add it to this list - please call: 0800 8303646. NOTE: Dear Albert are not affiliated with the Fellowship meetings listed here.

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CA (Cocaine Anonymous) www.cauk.org.uk
Helpline: 0300 111 2285

Mon	Leicester CA @ The Stairway Project LE1 3PL	19:00
Mon	Sutton In Elms Baptist Church, 2 Sutton Ln, Leicester LE9 6QF	19:30
Tues	Leicester, New Parks Team Hub, St Oswald Rd, LE3 6RJ	19:30
Tues	Oakham Baptist church, Melton Rd, Rutland LE15 6AY	19:30
Wed	Leicester St Andrews Church, Hinckley Rd LE3 3PF	19:30
Wed	Loughborough Fearon Hall, Rectory Rd, LE11 1PL	19:15
Thur	Leicester CA @ The Stairway Project LE1 3PL	19:30
Fri	Leicester CA @ The Stairway Project LE1 3PL	19:30
Sat	Loughborough Fearon Hall, Rectory Rd, LE11 1PL	18:00
Sun	Leicester Women's New Futures Project, 71 London Rd, LE2 0PE	11:00
Sun	Leicester Bishop St Methodist church	18:30

Family, Friends & Carers:

Al-Anon <https://www.al-anonuk.org.uk/>
0800 0086 811

Al-Anon Family Groups are for the families & friends of **alcoholics** who share their experience, strength & hope in order to solve their common problems.

Wed	Loughborough John Storer House, Bedford SQ, Wards End, LE11 3HA	19:00
Thur	Attenborough Arts Centre, Lancaster Rd, Leicester LE1 7HA	19:30
Wed	Christ Church URC Barbara road, Leicester, LE3 2EB	19:30

Families Anonymous famanon.org.uk/
0207 4984 680

HELPLINE
0207 4984 680

Families Anonymous is a world-wide fellowship of family members and friends affected by another's abuse of **mind-altering substances**, or related behavioural problems

[Direct Link to ONLINE FORUM](#)

SMART | www.smartrecovery.org.uk

Monday	Meeting hosted by Dear Albert @ The Stairway Project LE1 3PL	13:00
Monday	Meeting hosted by Dear Albert - DIRECT LINK ZOOM	15:00
Thursday	Hinckley URC Church, The Borough LE10 1NL	18:00
Saturday	Turning Point, 38 Friar Ln, Leicester LE1 5RA	11:00
OTHER ONLINE MEETINGS	smartrecovery.org.uk/online-meetings/ Then enter your postcode at the top of the page ZOOM	

ACT Peer-led Recovery www.act-peer-recovery.com
0800 8303646

Tues	Meeting hosted by Dear Albert CALL FOR AN INVITE: 0800 8303646. Or email hello@dearalbert.co.uk ZOOM	10:30 No Admittance After 10:35
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CMA (Crystal Meth Anonymous)
www.crystalmeth.org.uk/

CMA UK is a fellowship of individuals who share their experience, strength and hope with each other, so that they may solve their common problem, and help others to recover from addiction to crystal meth and other mind-altering substances.

[FIND A MEETING](#)

SMART - Family & Friends

www.smartrecovery.org.uk - Family & Friends

The SMART Family & Friends Programme (F & F) has used the four key points of SMART Recovery and adapted these to suit the needs of family & friends of people with a drug and/or alcohol addiction. Rather than focusing on the loved one, the F & F Programme invites participants to spend time concentrating on themselves and their goals, an area they may have been neglecting for some time.

ONLINE MEETINGS smartrecovery.org.uk/online-meetings/
Then enter your postcode at the top of the page [ZOOM](#)

My Meeting Planner / Notes:

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